

BAB 7

KESIMPULAN DAN SARAN

7.1. Kesimpulan

Bedasarkan hasil penelitian yang telah dilakukan dapat disimpulkan :

- a. Balsam cedarwood 10% dan 20 % dapat meningkatkan berat badan tikus yang diberi stresor.
- b. Efektivitas balsam cedarwood 30% dalam meningkatkan berat badan cenderung lebih lemah dari pada cedarwood 10% dan 20%.
- c. Pada pemberian balsam cedarwood 10%,20% dan 30% tidak memiliki perbedaan yang bermakna pada pemberian konsumsi pakan tikus yang diberi stresor.

7.2. Saran

- a. Melakukan penelitian yang lebih lama agar dapat melihat efek balsam cedarwood dalam jangka waktu panjang
- b. Melakukan penelitian dengan menggunakan sampel yang lebih banyak agar lebih terlihat hasil perbedaan anatar variabel.
- c. Melakukan penelitian lebih lanjut terhadap mekanisme balsam cedarwood pada jalur fisiologis tubuh selain induksi GABA.

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